

FIFTEENTH CONGRESS OF THE)
REPUBLIC OF THE PHILIPPINES)
First Regular Session)



Senate
Office of the Secretary

'11 MAY -2 P4 :30

SENATE
S.B. No. 2794

RECEIVED BY: 

Introduced by SENATOR MANNY VILLAR

EXPLANATORY NOTE

The 1987 Philippine Constitution in Article II, Section 15 declares, "The State shall protect and promote the right to health of the people and instill consciousness among them."

Likewise, the fundamental law mandates the State to promote physical education and encourage sports programs, league competitions and amateur sports, including training for international competitions to foster self-discipline, teamwork and excellence for the development of a healthy and alert citizenry.

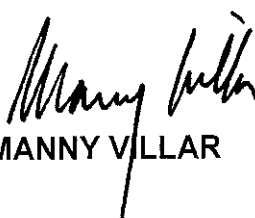
The collective health of the people affects to a great extent the success of its overall socioeconomic development. The state of health and mental fitness of every person are controlling factors on the ability to take advantage of education, technical capabilities and business entrepreneurship. One method of maintaining our physical and mental health condition is by involving our citizens in physical fitness activities and sports programs.

This bill seeks the establishment of a community fitness center in every Barangay nationwide.

The establishment of a community fitness center in every barangay will serve as venue for physical fitness, wellness program and sports activities of all the residents of the barangay.

Hence, approval of this bill is earnestly recommended.

Approved,


MANNY VILLAR



FIFTEENTH CONGRESS OF THE)
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SENATE

S.B. No. **2794**

Introduced by SENATOR MANNY VILLAR

**AN ACT
TO PROMOTE THE WELL-BEING AND HEALTH OF THE CITIZENS THROUGH THE
CREATION OF COMMUNITY FITNESS CENTERS IN ALL BARANGAYS
NATIONWIDE AND APPROPRIATING FUNDS FOR THE PURPOSE**

Be it enacted by the Senate and House of Representatives of the Philippines in Congress assembled:

1 **SECTION 1.** There shall be established, under the supervision of the municipal or city
2 health officer, a community fitness center in every barangay nationwide. The community
3 fitness center shall provide physical fitness programs, trainings and sports activities. It
4 shall likewise provide free seminars to would-be physical fitness leaders and trainers in
5 the barangay.

6 **SECTION 2.** The municipal or city mayor shall, upon the recommendation of the local
7 health board of the municipality or city where the center is located, appoint a full time
8 fitness instructor who will manage the center.

9
10 **SECTION 3.** The Fitness Coordinator shall receive a monthly compensation of not less
11 than Ten thousand pesos (P10, 000.00) to be charged to the annual appropriations of
12 the Municipal or City Health Office where the center shall be attached.

13
14 **SECTION 4.** The Fitness Coordinator shall perform the following functions:

15
16 a) Formulate criteria for the selection of qualified individuals for training and
17 accreditation as physical fitness instructors in the center;

18
19 b) Introduce and implement varied physical fitness and sports competition within
20 the barangay;

21
22 c) Conduct consultation with the residents of the barangay in identifying any
23 physical fitness activity and sports program that shall be implemented by the
24 center;

25
26 d) Oversee and ensure the continuous and effective implementation of the
27 physical
28 Fitness activities and sports program undertaken by the center; and
29

1 e) Disseminate proper information on the policy and objective of their physical
2 fitness and sports activities to encourage the active participation of all the
3 residents of the barangay.
4

5 **SECTION 5.** The amount necessary for the initial implementation of this Act shall be
6 charged to the appropriations of the Department of the Interior and Local Government.
7 Thereafter, such sum as may be necessary for the continued operation and
8 maintenance of the community fitness centers shall be included in the annual budget of
9 the city or municipality where the community fitness center is located.
10

11 **SECTION 6.** This Act shall take effect fifteen days (15) days after publication in the
12 Official Gazette or in two (2) national newspapers of general circulation.
13

14 *Approved,*